Cosmetic Facial Procedures & Laser Skin Care

Schedule your Free Consultation Today
570.718.4800
www.icarespecialists.com
Our Commitment to Excellence

Our Menu of Services has expanded to offer nearly every facial aesthetic treatment available anywhere in the country. Dr. Roth is a Board Certified Oculofacial Plastic Surgeon with a wealth of experience in cosmetic procedures.

Our goal is to provide you with the best preventative and restorative therapies available. Our services and products are designed to improve health and bestow long-lasting aesthetic benefits.

While having state of the art equipment and a nice location is important, nothing is more important to us than the way we treat our clients and their experience with us.

To you, our valued client, we pledge to:

• Provide thorough and comprehensive consultations including detailed explanations on why we recommend specific services and realistic expectations of the result of these treatments. This will include a complete program of treatments as well as a program for caring for your skin at home.

• Treat each of our clients in a pleasant and professional manner.

• Earn your business! We are aware that you have many choices for aesthetic services. Through our experienced staff, state-of-the-art lasers/equipment, advanced services, and our integrity, we will provide you with a level of service superior not only to our competition in Northeastern Pennsylvania, but anywhere in the country.

• Provide the services you desire by an expertly plastics trained, dual board certified Ophthalmologist who specializes in treating the facial area and especially the sensitive areas around your eyes.

Thank you very much for the opportunity to serve you. We look forward to developing a long and successful relationship with all our clients. Please feel free to schedule your consultation to discuss your concerns with Richard Roth, D.O.
Injectables

**Botox™ or Xeomin Injections**

Botox and Xeomin are the most popular and effective treatments for wrinkles caused by expressions around the eyes and forehead. You will normally see results in 2-5 days, and it is effective for approximately 3 months. Botox and Xeomin are priced by the unit; each person's needs are different.

**Facial Fillers**

Facial fillers are a popular alternative in non-surgical facial rejuvenation. They are sometimes employed alone, but can also be an adjunct to Botox or Xeomin. They work by safely restoring lost volume under the skin thereby effacing wrinkles and emptiness from aging, most commonly at the lips and creases around the mouth. Recent advances in technology have resulted in far more long-lasting and natural improvements than ever before. Dr. Roth offers a wide selection of facial fillers and will help you determine which filler will work for you.

- **Botox™**
- **Belotero®**
- **Juvéderm® Ultra Plus XC**
- **Radiesse®**
- **Xeomin**
- **Juvéderm® Ultra XC**
- **Juvéderm Voluma®**

**Mariam, Age 48**

*Photos courtesy of Radiesse*

**Claudia, Age 39: Severe Glabellar Frown Lines**

*Photos courtesy of Xeomin*
Advanced Intense Pulse Light/BBL Treatments

Eye Care Specialists offers the most advanced and widest variety of IPL/BBL (intense pulsed light) technology. IPL/BBL is often called photo rejuvenation or photo facial. It is the new gold-standard for the treatment of hyperpigmentation, sun-damage, rosacea, vascular lesions, active acne, and even collagen rejuvenation for improved skin texture and tone. You may notice positive changes even after your very first session. We recommend an initial series of 4-5 treatments, one every three-four weeks. Depending on the condition of the skin, more treatments may be necessary. Patients maintain their results with additional maintenance treatments every 6-18 months.

*Note: Purchase a package of 4 and get 10% off. Must be paid in full prior to first treatment*

Forever Young BBL Anti-Aging Treatment

What if there were a treatment that could slow down the aging clock and keep you forever young? Scientific evidence demonstrates regular maintenance treatments using Forever Young BBL functionally rejuvenates skin and delays skin aging.

The Forever Young BBL (BroadBand Light) not only address sun-damage and visible blood vessels, but also stimulates changes at a molecular level to reverse aging and improve wrinkles and texture. A recent study by Stanford University, published in the Wall Street Journal, showed that after Forever Young treatments, genes are actually being rejuvenated! Forever Young is also a fantastic age management tool to be utilized on an ongoing basis.

1 Week after 1 Forever Young BBL Treatments
Photos courtesy of Jason Pozner, MD, FACS
**Micro Laser Peel**

The MicroLaser Peel is ideal for total skin rejuvenation. The Micro Laser Peel utilizes a short-pulsed Erbium laser to ablate the outer layers of the skin at precise depths. We offer these “peels” from 20 to 50+ microns. This treatment delivers excellent results for poor skin tone, fine lines and wrinkles, acne scars, sun-damage, etc. One 20 micron Micro Laser Peel is the equivalent of 4-6 microdermabrasion treatments. You may experience 1-7 days of redness, swelling, and/or peeling with this procedure depending on the depth. 1-6 treatments may be recommended depending on your skin and schedule.

![Before and After Micro Laser Peel](image)

**CO2 Fractional Laser Treatment**

Fractional is a laser procedure used for dramatically improving the overall appearance of your skin including wrinkles, scars, tone and texture. Fractional uses a laser micro beam to treat thousands of pinpoint areas of your skin and because only a fraction of the skin is directly treated with the laser, healing time is quick and downtime is short. You may experience some pinpoint bleeding and 2-4 days of redness and/or peeling with this procedure depending on the depth. 1 to 5 treatments may be recommended depending on your skin and schedule.

*Note: There are recovery products required for this treatment.*

**Combination Laser Therapy – Our most advanced treatments**

- **NorthStar Peel**: Intense Pulse Light (BBL), Microlaser Peel and Fractional Laser Treatment
- **South Beach**: Intense Pulse Light (BBL) and Microlaser Peel
- **Ace Peel**: Microlaser Peel and Fractional Laser Treatment
  
  (Advanced combination Erbium MicroPeel and CO2 Fractional Laser Treatment)
Your eyes are the first things that people notice about you, and are an important aspect of your overall appearance. Young eyelid skin is smooth, but over time, the eyelid skin stretches, the fat bulges, and the muscles weaken. The eye-brows may also droop and sag (a condition called brow ptosis). Age, heredity and sun exposure all contribute to this process.

Loose or baggy lids detract from your overall appearance and make you look tired or older. When the brow droops, it crowds more skin down over the upper lids and exaggerates the hooding and crow’s feet at the outer corners of the eyes, making you look sad, tired, or angry. When severe enough, the upper eyelid skin may hang over the lashes and obstruct peripheral vision.

Blepharoplasty

Surgery to improve the appearance of the eyelids is called blepharoplasty. The goal of the blepharoplasty is to give the eyes a more youthful look by removing excess skin, bulging fat, and lax muscle from the upper or lower lids.

Upper Lid Blepharoplasty

Excessive skin and fat are removed from the upper lid through an incision hidden in the natural eyelid crease. If the upper lid is droopy, the muscle that raises the lid can be tightened. The incision is then closed with fine sutures.

Lower Lid Blepharoplasty

Fat in the lower lid can be removed or repositioned through an incision hidden on the inner surface of the eyelid or on the outer surface of the eyelid hidden in the natural eyelid crease. Laser resurfacing can be performed at the same time if desired, to smooth and tighten the lower eyelid skin. If there is excessive skin in the lower lid, the incision is made just below the lashes. The incision is then closed with fine sutures.

Brow Lift

Blepharoplasty will not elevate a drooping brow or remove wrinkles in the crow’s feet area. A procedure to elevate the brows may be appropriate, instead of, or in addition to, upper eyelid blepharoplasty. Correction of mild to moderate brow ptosis can be accomplished through incisions directly above the brows, in the forehead creases, along the hairline or endoscopically through incisions behind the hairline.

*Note: Operating Room Time is a separate charge.
**There are recovery products required for specific treatments. Dr. Roth will advise.
PermaLip™ Implant

PermaLip™ Implant, the safe definitive solution for permanent soft tissue enhancement of the lips. PermaLip™ Implant is made of a soft, solid silicone elastomer using an injection molding process to produce a naturally contoured implant with a smooth, non-porous surface that cannot rupture or deflate. PermaLip™ Implant is available in a variety of sizes to achieve customized results.

Skin Care

Cleanse:
EltaMD Foaming Cleanser – EltaMD Facial Cleanser cleanses deeply without over-drying and leaves your skin feeling soft, smooth and clean.

Prevent:
SkinCeuticals CE Ferulic – CE Ferulic is an antioxidant that is used to prevent and correct photodamage. It is also used for skin with poor elasticity and help to diminish fine lines and wrinkles. CE Ferulic contains vitamins C and E and is ideal for dry or sensitive skin.

SkinCeuticals Phloretin CF – Phloretin CF is an antioxidant that is used to prevent and correct photodamage. It is used to help correct uneven skin tone, loss of elasticity and hyperpigmentation. Phloretin CF is applied once daily to the face and decollete to give the skin a more radiant appearance.

Correct:
SkinCeuticals A.G.E. Eye Complex – Diminishes the appearance of dark circles and puffiness around the eyes and helps to correct wrinkles and crow’s feet.

SkinCeuticals Retinol 0.5/1.0 – SkinCeuticals Retinol 0.5/1.0 is used to reduce appearance of fine lines, wrinkles, age spots and blemishes. Additionally, they help to minimize the appearance of pore size, while correcting blemishes and blotchiness often associated with problematic skin.

SkinCeuticals Advanced Pigment Corrector – SkinCeuticals Advanced Pigment Corrector is a safe alternative to hydroquinone. It is used to treat both local and diffuse skin discoloration and exfoliate existing freckles and age spots.

SkinCeuticals Antioxidant Lip Repair – SkinCeuticals Antioxidant Lip Repair is a daily treatment that provides smoothing and hydration. It neutralizes free radicals to prevent premature lip tissue wrinkling and protects against sun damage.

Moisturize:
SkinCeuticals Hydrating B5 Gel – SkinCeuticals Hydrating B5 Gel is enriched with vitamin B5, known to help with tissue repair. It replenishes nutrients the skin needs to feel smooth and appear younger. Hydrating B5 gel is recommended for use with vitamin C treatments and will help maximize the benefits of a daily moisturizer.

EltaMD AM Moisturizer – The lightweight, oil-free moisturizer provides all-day relief from dry skin. Use it daily to enhance skin color and improve skin tone. EltaMD AM Therapy is oil-free, fragrance-free, noncomedogenic and safe for sensitive skin.

EltaMD PM Moisturizer – EltaMD PM Therapy Facial Moisturizer hydrates and repairs skin while you rest.

Protect:
SkinCeuticals Daily UV Defense SPF 50 – SkinCeuticals Daily UV Defense SPF 50 is a tinted sunscreen that provides high broad-spectrum UVA/UVB protection with all natural physical filters, Zinc Oxide and titanium dioxide. Daily defense is water and sweat resistant and Paraben free.

EltaMD Physical 41 – EltaMD Skincare UV Physical 41 is a chemical-free, and a gentle daily sunscreen that provides UVA and UVB protection.
Dr. Richard Roth is an experienced Oculofacial plastic surgeon, who specializes in surgery of the eyelids and facial region, and is one of the few dual Board Certified eye surgeons in the Country. He is a member of the American Society of Ophthalmic Plastic and Reconstructive Surgeons. Dr. Roth also specializes in non-surgical, minimally invasive procedures, such as Botox, facial fillers, and laser skin rejuvenation.

After graduating with honors from Philadelphia College of Osteopathic Medicine, Dr. Roth was commissioned as an officer in the US Army where he completed his internship. As a Captain he served three years as a Flight Surgeon and was named US Army Aeromedical Flight Surgeon of the year.

Upon completing active duty, Dr. Roth was chosen for residency training at New York Eye and Ear Infirmary, the oldest eye specialty hospital in the western hemisphere, where he was named Chief Resident and selected for the Austin T. Grey Memorial Scholarship Award.

After graduating from residency, Dr. Roth accepted a fellowship position at the New York Eye and Ear Infirmary in the sub-specialty of Ophthalmic Plastic, Reconstructive and Orbital Surgery. Dr. Roth’s expertise in eyelid surgery has made him the choice for patients who need medical or cosmetic surgery around the eyes.